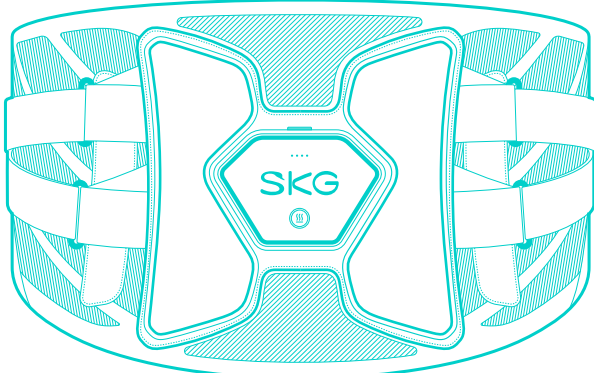


LUMBAR SUPPORT MASSAGER

QS300



USER MANUAL

MULTILINGUAL MANUALS

EN



Scan QR code for supported language manuals (Google recommended)
Scanne le code QR pour obtenir les manuels dans les langues prises en charge (recommandé par Google)
QR-Code scannen für Anleitungen in unterstützten Sprachen (Google empfohlen)
Scansion il codice QR per i manuali nelle lingue supportate (si consiglia Google)
Escane el código QR para manuales en idiomas admitidos (se recomienda Google)
Scan QR-koden for at få manualer på understøttede sprog (Google anbefales)
Skanna QR-koden för manualer på stödta språk (Google rekommenderas)
Naskenjuže QR kód pro příručky v podporovaných jazycích (Doporučujeme Google)
Σκάναρ το κωδικό QR για εγχειρίδια στις υποστηρίξιμες γλώσσες (συνιστάται η χρήση του Google)
Imbas kod QR untuk manual dalam bahasa yang disokong (dijayakan Google)

PRECAUTIONS

EN

To reduce the risk of interference and potential harm, do not use this product in conjunction with the following medical electronic devices:

- Implanted medical electronic devices, such as pacemakers.
- Life-sustaining medical electronic devices, such as artificial hearts and lungs.
- Medical electronic monitoring devices, such as electrocardiograms.

Prior to use, please ensure the main host buttons are functioning properly. If you are using the product for the first time or after the battery has been depleted from long-term storage, charge the product according to the instruction manual to ensure it works properly. Please dispose of this product in line with your city's environmental protection regulations to prevent environmental pollution.

- Do not use this product while driving, climbing, or engaging in other dangerous activities, as it may lead to accidents.
- Keep this product out of reach of infants, children, or individuals who are entirely or partially unconscious. Do not let them use it, as it may lead to accidents.
- This product is recommended for use by individuals aged 16+.
- Gradually increase the massage intensity according to personal comfort; otherwise, the discomfort from a higher intensity might cause muscle strain.
- This is a personal care massage product and cannot be used to substitute medicines or medical devices.
- If discomfort occurs during use, please stop using it immediately.
- If you have a waist injury, consult a healthcare professional before using this product.

In the following situations, please consult a physician before use; otherwise, accidents or discomfort may occur:

- Patients with infectious diseases.
- Patients allergic to stainless steel electrode pads.
- Patients with cardiac or cranial nerve disorders.
- Patients with sensory impairments or skin abnormalities.
- Patients who are unable to express their own will freely.
- Patients with perception disorders due to severe peripheral circulation problems caused by conditions such as diabetes.
- Patients with sensitive skin or allergic dermatitis.
- Individuals with circulatory disorders such as cerebrovascular diseases, inflamed or swollen waist skin, suppurative, or waist-related ailments should not use this product, as it may exacerbate their symptoms.
- For users who are pregnant, it is best to consult a doctor before use. Pregnant women should avoid using this product without the express permission of a doctor.

WARNING: Do not use this appliance near bathtubs, showers or water-filled reservoirs

OPERATION GUIDE

EN

Power button:
Long press for 1.5 seconds to power on (with voice prompt, indicator light on); long press again for 1.5 seconds to power off (with voice prompt, indicator light off). After powering on, short press to cycle through modes with voice prompts.

Hot compress button:
Short press to turn on/off hot compress and switch heat levels (default medium level). Long press for 1.5 seconds to enable/disable voice prompts (voice announces "Voice mode on"/"Voice mode off").

Working modes:
Relax Mode Revive Mode Hot Compress Mode (low/medium/high) De-stress Mode

BATTERY INDICATOR

EN

No.	Light Status	Description
1	Four lights steady on	Battery 75-100%
2	Three lights steady on	Battery 50-75%
3	Two lights steady on	Battery 25-50%
4	One light flashes	Battery 10-25%
5	One light flashes 3 times then shuts down	Battery 0-9%
6	Breathing light flashes steadily	Charging in progress
7	All lights steady on	Fully charged
8	One light flashes 5 times then shuts down	Power off for abnormal temperature

PRODUCT SPECIFICATIONS

EN

PRODUCT NAME: LUMBAR SUPPORT MASSAGER	
Model: QS300	Rated Input Voltage: 5V ⎓
Battery Capacity: 4500mAh/16.65Wh	Rated Input Power: 10W

PRECAUTIONS FOR PRODUCT DISPOSAL

EN

Please support the recycling of rechargeable battery (lithium-ion battery).

Danger

- DO NOT throw it into a fire, or heat it up to high temperature.
- DO NOT pierce it with nails, impact it by gravity or disassemble it for modification.
- DO NOT connect the positive and negative poles of the battery directly with metal.
- DO NOT store it together with necklaces, hairpins, etc.
- DO NOT charge, use or place the battery in areas with high temperatures, such as near a fireplace or under direct sunlight.
- The above situations may cause heating, fire and breakage.

Warning

Keep the removed rechargeable batteries out of reach of children to prevent accidental ingestion.

- If a battery is swallowed, consult a doctor immediately.
- In the event of a battery fluid leak, avoid touching the fluid and handle according to safety procedures.
- If battery electrolyte enters the eyes, rinse with clean water and seek medical advice without rubbing your eyes.
- If battery electrolyte contacts the skin, rinse the area with water and get medical help if needed.

Only disassemble scrapped products to prevent accidents such as fires or electric shocks.

For battery repair, contact the dealer where you purchased the product. This does not include battery replacement.

The lithium-ion battery in this product is recyclable and should not be placed, surrendered, it to a professional recycling agency when the product is discarded. Always turn off the device before removing the battery for disposal.

To safely dispose of the battery, follow these simplified steps:

- Use specialized tools to detach the device's casing.
- Remove the internal circuit board and motor.
- Extract the battery, sever its wires with pliers, and remove it completely.

CERTIFICATION STATEMENT

EN

Note: This product has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference when used in a residential environment. This product generates, uses, and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a specific installation. If this product does cause harmful interference to radio or television reception, which can be determined by turning the product off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the distance between the device and the receiver.
- Connect the device to an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

This device in compliance with the essential requirements and other relevant provisions of Directive (EU)2023/988. CAUTION: THERE IS A RISK OF EXPLOSION IF THE BATTERY IS REPLACED WITH AN INCORRECT TYPE. DISPOSE OF USED BATTERIES ACCORDING TO THE INSTRUCTIONS.

EU Declaration of Conformity: SKG Health Technologies Co., Ltd. hereby declare that this device complies with the essential requirements and other relevant provisions of Directive (EU)2023/988. A copy of the EU Declaration of Conformity is available online at <https://www.skg.com/pages/skg-declaration-of-conformity>.

Old electrical appliances must not be disposed of with the residual waste; they must be disposed of separately. Disposal at public collection points is free for private individuals. The owner of old devices is responsible for bringing them to these collecting points or similar facilities. By making this small personal effort, you contribute to the recycling of valuable raw materials and the proper treatment of toxic substances. available online at <https://www.skg.com/pages/skg-declaration-of-conformity>.

Read operator's manual

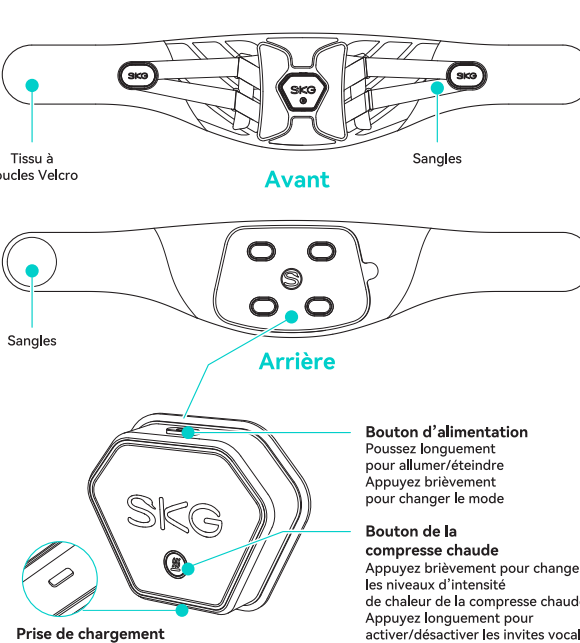
Do not use this device in a bathtub, shower or water-filled reservoir

UK REP: **HEALTHY CONSULTING LTD**
Office: 101-102 The Quadrant Street, London, United Kingdom, EC2A 4PU
Email: info@healthyconsulting.co.uk
Website: www.healthyconsulting.co.uk

EU REP: **ACCESS COMMERCE SL**
CALLE RIO TORRES N.º 1, PLANTA 1, SEDESPA, 03014 S. CARLOS DE LA RIBERA, SPAIN
Email: info@accesscommerce.es
Website: www.accesscommerce.es

SCHEMA DU PRODUIT

FR



GUIDE D'UTILISATION

FR

Bouton d'alimentation:
Bouton d'alimentation: Maintenez l'appui pendant 1,5 seconde pour allumer l'appareil (une invite vocale retentit, un voyant s'allume); appuyez à nouveau pendant 1,5 seconde pour éteindre l'appareil (l'invite vocale retentit, le voyant s'éteint). Une fois l'appareil allumé, appuyez brièvement pour passer d'un mode à l'autre, confirmé par des invites vocales.

Bouton de la presse chaude:
Appuyez brièvement pour activer/désactiver la presse chaude et changer le niveau d'intensité de chaleur (niveau moyen par défaut). Maintenez l'appui pendant 1,5 seconde pour activer/désactiver les invites vocales (une voix annonce « Mode vocal désactivé/Mode vocal activé »).

Modèles de fonctionnement:
Mode Détente Mode Compresse chaude (faible/moyen/élevé/désactivé)
Mode Revive Mode Anti-stress

SPÉCIFICATIONS DU PRODUIT

FR

NOM DU PRODUIT : MASSEUR LOMBAIRE	
Modèle: QS300	Tension nominale de charge: 5V ⎓
Capacité de la batterie: 4500mAh/16.65Wh	Puissance nominale en entrée: 10W

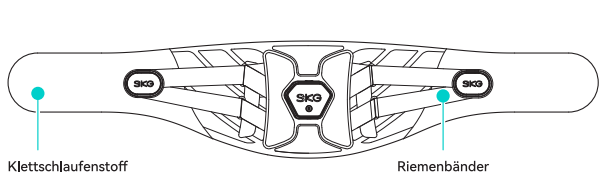
VOYANT DE LA BATTERIE

FR

N°	État des voyants	Description
1	Quatre voyants allumés fixes	Batterie 75-100%
2	Trois voyants allumés fixes	Batterie 50-75%
3	Deux voyants allumés fixes	Batterie 25-50%
4	Un voyant clignotant	Batterie 10-25%
5	Un voyant clignote 3 fois puis s'éteint	Batterie 0-9%
6	Le voyant respirent clignote continuellement	Charge en cours
7	Tous les voyants restent allumés	Complément chargé
8	Un voyant clignote 5 fois puis s'éteint	Arrêt automatique en cas de température anormale

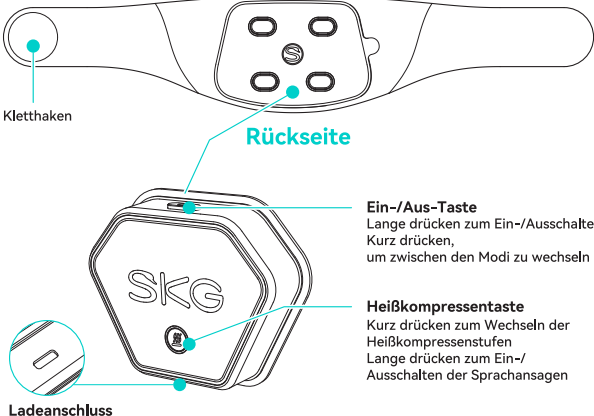
PRODUKTDIAGRAMME

DE



Heiðkompressantaste:
Kurt drücken zum Wechseln der Wärmestufen zu wechseln (Standard-Mittlere Stufe). 1,5 Sekunden lang drücken, um Sprachansagen zu aktivieren/ deaktivieren (die Stimme sagt: „Sprachmodus aus“ oder „Sprachmodus ein“).

Entspannungsmodus:
Revitalisierungsmodus
Heiðkompressionsmodus (niedrig/mittel/hoch/aus)
Anti-Stress-Modus



BEDIENUNGSANLEITUNG

DE

Bedienungsanleitung:
Ein-/Aus-Taste: 1,5 Sekunden lang drücken, um das Gerät einzuschalten (mit Sprachansage, Kontrollleuchte an); erneut 1,5 Sekunden lang drücken, um das Gerät auszuschalten (mit Sprachansage, Kontrollleuchte aus). Nach dem Einschalten kurz drücken, um mit Sprachansagen durch die Modi zu wechseln.

Heiðkompressantaste:
Kurt drücken zum Wechseln der Heiðkompressantasten (Standard-Mittlere Stufe). 1,5 Sekunden lang drücken, um Sprachansagen zu aktivieren/ deaktivieren (die Stimme sagt: „Sprachmodus aus“ oder „Sprachmodus ein“).

Entspannungsmodus:
Revitalisierungsmodus
Heiðkompressionsmodus (niedrig/mittel/hoch/aus)
Anti-Stress-Modus

PRODUKTSPEZIFIKATIONEN

DE

PRODUKTBEZEICHNUNG: LENDENWIRBELSTÜTZ-MASSAGEGERÄT	
Modell: QS300	Nennspannung: 5V ⎓
Akkukapazität: 4500mAh/16.65Wh	Eingangsnennleistung: 10W

SKG Health Technologies Co., Ltd.
Address: 23A Floor, Building 3, Zhongke R&D Park, No. 009, Gaoxin South 1st Road, High-tech Zone Community, Yuehai Street, Nanshan District, Shenzhen, Guangdong, China.
Website: <https://www.skg.com/>

Made in China

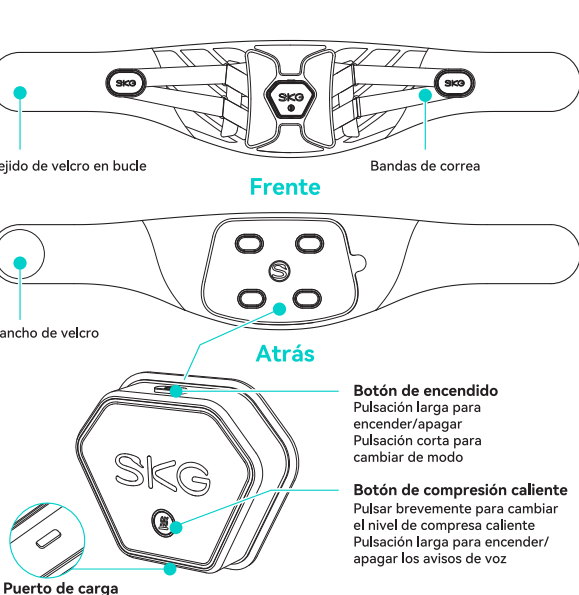
AKKUANZEIGE

DE

Nr.	Lichtstatus	Beschreibung
1	Vier Lichter leuchten dauerhaft	Akkustand 75-100%
2	Drei Lichter leuchten dauerhaft	Akkustand 50-75%
3	Zwei Lichter leuchten dauerhaft	Akkustand 25-50%
4	Ein Licht blinkt	Akkustand 10-25%
5	Ein Licht blinkt 3 Mal und schaltet sich dann aus	Akkustand 0-9%
6	Das Atemlicht blinkt konstant	Ladevorgang läuft
7	Alle Lichter leuchten dauerhaft	Vollständig aufgeladen
8	Ein Licht blinkt 5 Mal und schaltet sich dann aus	Ausschalten bei abnormaler Temperatur

DIAGRAMAS DEL PRODUCTO

ES



GUÍA DE FUNCIONAMIENTO

ES

Botón de encendido:
Mantenga pulsado durante 1,5 segundos para encenderlo (con aviso de voz, luz indicadora encendida); mantenga pulsado de nuevo durante 1,5 segundos para apagarlo (con aviso de voz, luz indicadora apagada). Tras encenderlo, presione brevemente para cambiar entre los modos (se emitirán avisos de voz).

Botón de compresión caliente:
Presione brevemente para encender/apagar la compresión caliente y cambiar niveles de calor (nivel medio por defecto). Presión larga durante 1,5 segundos para habilitar/deshabilitar los avisos de voz (la voz dice "Voice mode off/Voice mode on" ("Modo de voz apagado / Modo de voz encendido")).

Modos de trabajo:
Modo de relajación
Modo de revitalización
Modo de compresión caliente (bajo/medio/alto/apagado)
Modo antistress

ESPECIFICACIONES DEL PRODUCTO

ES

NOMBRE DEL PRODUCTO: MASAJEADOR CON SOPORTE LUMBAR	
Modelo: QS300	Tensión de carga nominal: 5V ⎓
Capacidad de la batería: 4500mAh/16.65Wh	Potencia de entrada nominal: 10W

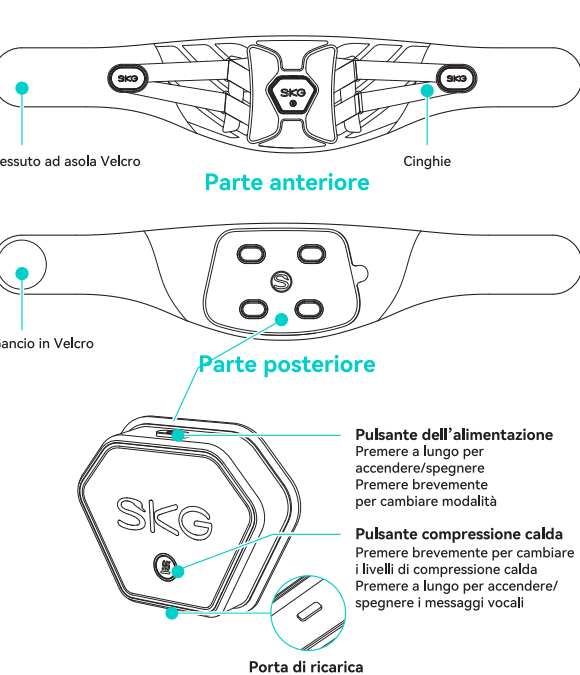
Indicador de batería

ES

Núm.	Estado de luz	Descripción
1	Cuatro luces fijas encendidas	Batería entre el 75-100%
2	Tres luces fijas encendidas	Batería entre el 50-75%
3	Dos luces fijas encendidas	Batería entre el 25-50%
4	Una luz parpadeando	Batería entre el 10-25%
5	Una luz parpadeando 3 veces, luego apagada	Batería entre el 0-9%
6	La luz parpadea de forma constante	Carga en progreso
7	Todas las luces fijas encendidas	Completamente cargado
8	Una luz parpadea 5 veces y luego se apaga	Apagado por temperatura anómala

SCHEMI DEL PRODOTTO

IT



GUIDA ALL'USO

IT

Pulsante dell'alimentazione:
Premere a lungo per 1,5 secondi per accendere (con comando vocale, spia access); premere di nuovo a lungo per 1,5 secondi per spegnere (con comando vocale, spia spenta). Dopo l'accensione, premere brevemente per passare da una modalità all'altra con i messaggi vocali.

Pulsante compressione calda:
Premere brevemente per accendere/spegnere la compressione calda e cambiare i livelli di calore (livello medio predefinito). Premere a lungo per 1,5 secondi per abilitare/disabilitare i messaggi vocali (la voce annuncia "Modalità vocale disattivata/Modalità vocale attivata").

Modalità di funzionamento:
Modalità relax Modalità compressione calda (bassa/media/alta/spenta)
Modalità rivitalizzante Modalità antistress

SPECIFICHE PRODOTTO

IT

NOME DEL PRODOTTO: MASSAGGIATORE SUPPORTO LOMBAIRE	
Modello: QS300	Tensione di ricarica nominale: 5V ⎓
Capacità della batteria: 4500mAh/16.65Wh	Potenza nominale in ingresso: 10W

INDICATORE DELLA BATTERIA

IT

N.	Stato luce	Descrizione
1	Quattro luci accese fisse	Batteria 75-100%
2	Tre luci accese fisse	Batteria 50-75%
3	Due luci accese fisse	Batteria 25-50%
4	Una luce lampeggiante	Batteria 10-25%
5	Una luce lampeggia per 3 volte poi si spegne	Batteria 0-9%
6	La luce pulsante lampeggia costantemente	Ricarica in corso
7	Tutte le luci sono accese fisse	Completamente carica
8	Una luce lampeggia per 5 volte poi si spegne	Spegnimento per temperatura anomala

ΔΙΑΓΡΑΜΜΑΤΑ ΠΡΟΪΟΝΤΟΣ

GR



ΠΡΟΔΙΑΓΡΑΦΕΣ ΠΡΟΪΟΝΤΟΣ

GR

ΟΝΟΜΑ ΠΡΟΪΟΝΤΟΣ: LUMBAR SUPPORT MASSAGER (ΣΥΣΚΕΥΗ ΜΑΖΑΣ ΟΣΦΥΝΗΣ ΥΠΟΤΗΡΙΞΗΣ)	
Μοντέλο: QS300	Ονομαστική τάση φόρτισης: 5V ⎓
Χωρητικότητα μπαταρίας: 4500mAh/16.65Wh	Ονομαστική ισχύς εισόδου: 10W

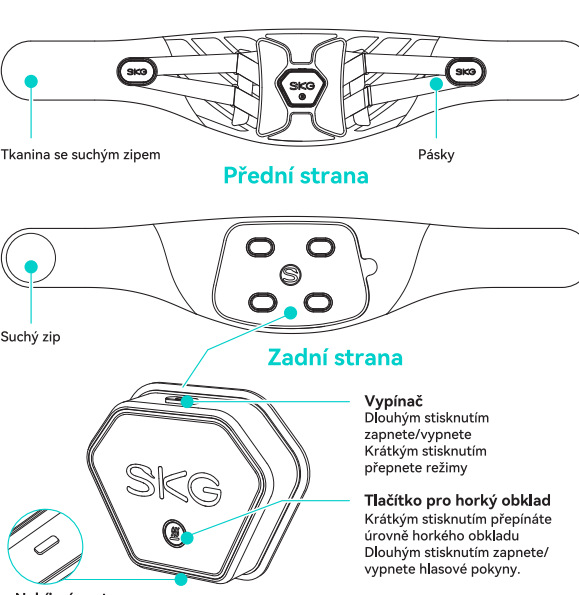
ΕΝΔΕΙΞΗ ΜΠΑΤΑΡΙΑΣ

GR

Αρ.	Κατάσταση λαμπυρίας	Περιγραφή
1	Τέσσερις λαμπύρες σταθερά αναμμένες	Μπαταρία 75-100%
2	Τρεις λαμπύρες σταθερά αναμμένες	Μπαταρία 50-75%
3	Δύο λαμπύρες σταθερά αναμμένες	Μπαταρία 25-50%
4	Μία λαμπύρα αναβοσβήνει	Μπαταρία 10-25%
5	Μία λαμπύρα αναβοσβήνει 3 φορές και ύστερα σβήνει	Μπαταρία 0-9%
6	Λαμπύρα που αναβοσβήνει σταθερά	Πίεση φόρτισης
7	Όλες οι λαμπύρες σταθερά αναμμένες	Απεκκέντρωση λάμψης μη φυσιολογικής θερμοκρασίας
8	Μία λαμπύρα αναβοσβήνει 5 φορές και ύστερα σβήνει	

SCHÉMATA PRODUKTU

CZ



NÁVOD K OBSLUZE

CZ

Výpinač:
Dlouhým stisknutím po dobu 1,5 sekundy zařazení zapnete (oznámení hlasem, kontrolka svítí); dalším dlouhým stisknutím po dobu 1,5 sekundy zařazení vypnete (kontrolka zhasne). Po zapnutí krátkým stisknutím přepínáte mezi režimy s hlasovými pokyny.

Tlačítko horkého obkladu:
Krátkým stisknutím zapnete/vypnete horký obklad a přepnete úroveň tepla (výchozí střední úroveň). Dlouhým stisknutím po dobu 1,5 sekundy zapnete/vypnete hlasové pokyny (hlas oznámí "Voice mode off/ Voice mode on" ("Hlasový režim vypnutý / Hlasový režim zapnutý")).

Pracovní režimy:
Režim relaxace Režim horkého obkladu (nízký/střední/vysoký/vypnutý)
Režim revitalizace Režim odbořování stresu

SPECIFIKACE PRODUKTU

CZ

NÁZEV PRODUKTU: MASÁŽNÍ PŘÍSTROJ NA BEDERNÍ PÁTEŘ	
Model: QS300	Jmenovitá nabíjecí napětí: 5V ⎓
Kapacita baterie: 4500mAh/16.65Wh	Jmenovitý příkon: 10W

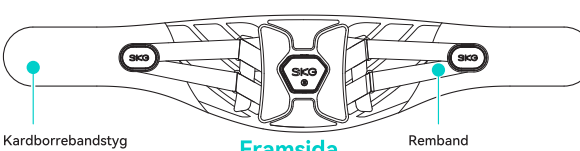
KONTROLKA BATERIE

CZ

Č.	Stav kontrolky	Popis
1	Cyflí kontrolky svítí nepřetržitě	Úroveň nabití baterie 75-100%
2	Tři kontrolky svítí nepřetržitě	Úroveň nabití baterie 50-75%
3	Dvě kontrolky svítí nepřetržitě	Úroveň nabití baterie 25-50%
4	Jedna kontrolka bliká	Úroveň nabití baterie 10-25%
5	Jedna kontrolka 3krát zabliká a poté zhasne	Úroveň nabití baterie 0-9%
6	Kontrolka stále pomalu bliká	Prohřívání nabíjení
7	Všechny kontrolky svítí nepřetržitě	Plně nabití
8	Jedna kontrolka 5krát zabliká a poté zhasne	Vypnutí z důvodu abnormální teploty

PRODUKTDIAGRAM

SE



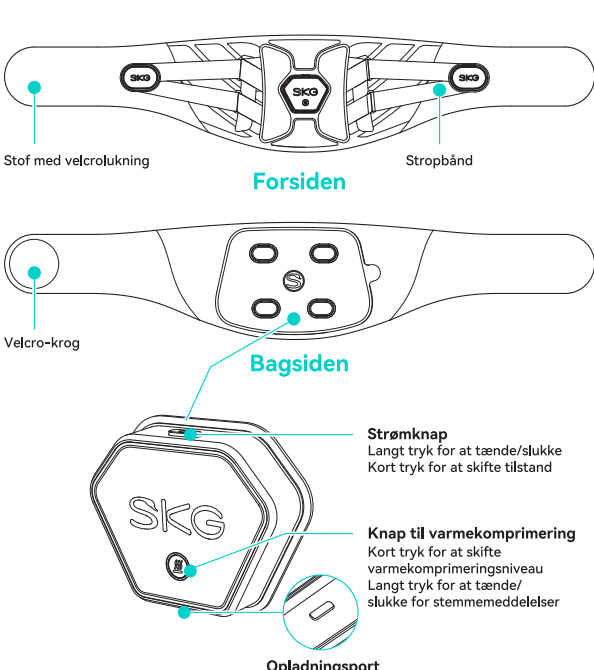
PRODUKTSPECIFIKATIONER

SE

PRODUKTNAMN: LÄNDRYGGSTÖDSMASSAGE	
Modell: QS300	Nominell laddningsspänning: 5V ⎓
Batterikapacitet: 4500mAh/16.65Wh	Nominell ingångseffekt: 10W

PRODUKTDIAGRAMMER

DK



BETJENINGSVEJLEDNING

DK

Strømlæp:
Tryk ind i 1,5 sekunder for at tænde (med stemmediagnose, indikatorlampe tændt); tryk ind igen i 1,5 sekunder for at slukke (med stemmediagnose, indikatorlampe slukket). Når du har tændt, skal du trykke kort for at skifte mellem tilstande med stemmediagnose.

Knap til varmekomprimering:
Kort tryk for at tænde/slukke for varmekomprimering og skifte varmeniveau (standard er mellemniveau). Tryk i 1,5 sekunder for at aktivere/deaktivere stemmediagnose (stemmen siger "Voice mode off/ Voice mode on" ("Stemmetilstand tændt/Stemmetilstand slukket")).

Arbejdende tilstande:
Afslapningstilstand
Genoplivningstilstand
Varmekomprimeringstilstand (lav/mellem/høj/af)
Afstressningstilstand

Produktspecifikationer

DK

PRODUKTETS NAVN: MASSAGEAPPARAT TIL STØTTE AF LÆNDEN	
Model: QS300	Nominel opladningspænding: 5V ⎓
Batterikapacitet: 4500mAh/16.65Wh	Nominel indgangseffekt: 10W

Batteriidikator

DK

Nr.	Lysstatus	Beskrivelse
1	Fire lys lyser konstant	Batteri 75-100%
2	Tre lys lyser konstant	Batteri 50-75%
3	To lys lyser konstant	Batteri 25-50%
4	Et lys blinker	Batteri 10-25%
5	Et lys blinker 3 gange og slukker derefter	Batteri 0-9%
6	Pulserende lys blinker konstant	Opladning i gang
7	Alle lys er konstant tændt	Fuldt opladet
8	Et lys blinker 5 gange og slukker derefter	Slukning ved unormal temperatur